



RheumaVision 2026

Rheumatology for All:
From Primary Care to Precision Medicine
Hotel Mercure, Kathmandu, Nepal
March 27-28, 2026

UNDER THE PATRONAGE OF
ASIA PACIFIC LEAGUE FOR RHEUMATOLOGY



ORGANIZED BY:



IN ASSOCIATION WITH



ORGANIZING COMMITTEE



Advisor
Dr. Binit Vaidya



Organizing Chair
Dr. Bibek Kc



Scientific Chair
Dr. Shweta Nakarmi



Scientific Co-chair
Dr. Swikriti Shrestha



Organising Secretary
Dr. Sudhir Karmacharya



Registration & Finance
Chair
Dr. Adheep Arun
Shrestha



Accommodation &
Hospitality
Dr. Manisha Bhochohibhoya





RheumaVision 2026

Rheumatology for All:
From Primary Care to Precision Medicine
Hotel Mercure, Kathmandu, Nepal
March 27-28, 2026



ALL INTERNATIONAL FACULTIES

Inspiring & Visionary Global Experts with Real World Impact



Prof. Dr. Jose Paulo Lorenzo
Philippines



Prof. Syed Atiqul Haq
Bangladesh



Prof. Ved Chaturvedi
India



Dr. Vinod Ravindran
India



Prof. Dr. Md. Nazrul Islam
Bangladesh



Dr. Rajkiran Dudam
India



Dr. Cheng Yew Kuang
Singapore



Prof. Dr. Raja Jasmin
Malaysia



Asso. Prof. ATM Tanveer Hassan
Bangladesh



Dr. Laniyati Hamijoyo
Indonesia



Dr. Neeraj Jain
India



Prof. Babur Salim
Pakistan



Asso. Prof. Dr. Fariz Yahya
Malaysia



Dr. Ranjan Gupta
India



Dr. Himantha Athukorala
SRILANKA



Dr. Sourabh Malviya
India



Dr. Ma. Hanna Monica Sollano
Philippines

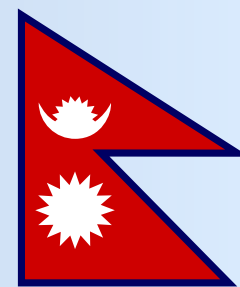


Prof. Dr. Muhammad Ahmed Saeed
Pakistan





NATIONAL FACULTIES



The best and brightest minds of NEPAL



Dr. Binit Vaidya



Dr. Shweta Nakarmi



Dr. Sudhir Karmacharya



Dr. Manisha Bhochohibhoya



Dr. Adheep Arun Shrestha



Dr. Swikriti Shrestha



Dr. Deepak K. Verma



Dr. Minu Jha



Prof. Amit Joshi



Dr. Saket Jha



Dr. Keshav Sigdel



Dr. Shreya Shrestha



Dr. Prabin Khatri



Dr. Deepa Shah



Dr. Kajan Raj Shrestha



Dr. Ujjawal Bhattarai



Dr. Vivek Kattel



Dr. Binay Regmi



Dr. Prayush Sharma



Dr. Manoj Yadav



Dr. Chet Raj Bhatta



Dr. Bishesh Poudyal



Dr. Nandu Pathak



Dr. Niraj Singh



Dr. Asim Kidwaii

Dr. Sharad Bhattarai

Dr. Sheetal Adhikari



RheumaVision 2026

Rheumatology for All:
From Primary Care to Precision Medicine
Hotel Mercure, Kathmandu, Nepal

March 28, 2026



MAIN CONFERENCE

TIME	TOPICS	SPEAKER	COUNTRY
8:00 - 8:30	Registration		
8:30 - 9:00	Welcome and inauguration	DR SHWETA NAKARMI	
	SARF SESSION		
9:00- 9:20	Approach to rheumatic disease: when to suspect?	PROF SYED ATIQUL HAQ	BANGLADESH
9:20- 9:40	Early clues in rheumatic diseases: practical biomarkers and point of care tests	ASSO PROF ATM TANVEER HASAN	BANGLADESH
9:40 - 10:00	Use of AI in monitoring of rheumatic diseases	DR HIMANTHA ATHUKORALA	SRILANKA
10:00- 10:20	Axial SPA difficult to manage disease	PROF AHMED SAYEED (virtual)	PAKISTAN
10:20 - 10:40	APS in elderly population: balancing thrombosis vs bleeding risk	DR RANJAN GUPTA	INDIA
10:40- 11:00	Q&A AND REMARKS		
11:00- 11:15	TEA BREAK		
	GOUT		
11:20- 11:40	Why Gout happens "understanding hyperuricemia and its drivers"	PROF DR JOSE PAULO LORENZO	PHILLIPINES
11:40- 12:00	Management of Gout- treat to target urate levels: why <6mg/dl matters?	DR CHENG YEW KUANG	SINGAPORE
12:00- 12:20	Gout and metabolic syndrome: One connected care path	DR MA. HANNA MONICA SOLLANO	PHILLIPINES
12:20- 12:30	Q&A AND REMARKS		
	RA		
12:20- 12:50	Advances in early RA diagnosis	ASSO PROF DR FARIZ YAHYA	MALAYSIA
12:50- 13:10	Challenges and future of RA management in real-world practice	DR BABUR SALIM	PAKISTAN
13:10- 13:30	Managing rheumatic disease and pregnancy: Balancing mother and fetus	DR VINOD RAVINDRAN	INDIA
13:30- 13:35	Q&A AND REMARKS		
13:35- 14:30	LUNCH		

CTDS AND VASCULITIS			
14:35- 14:55	Overview of current SLE management principles	DR LANIYATI HAMIJOYO	INDONESIA
14:55- 15:15	Rapid referral pathways and early diagnosis algorithm in SSc:improving time to treatment	PROF RAJA JASMIN BEGUM RAJA MOHAMED	MALAYSIA
15:15- 15:35	Introduction to vasculitis and its mimics	DR SOURABH MALVIYA	INDIA
15:35- 15:55	Behcet's disease: Recognizing the faces	DR NEERAJ JAIN	INDIA
15:55- 16:05	Q&A AND REMARKS		

SPA			
16:05- 16:25	Inflammatory back pain: Apractical, Evidence Based clinical approach	PROF DR MD. NAZRUL ISLAM	BANGLADESH
16:25- 16:45	Mandatory and optional vaccination recommendations in rheumatic diseases	DR RAJKIRAN DUDAM	INDIA
16:45- 17:05	JAK inhibitors in SPA: Real world effectiveness and safety date	PROF VED CHATURVEDI	INDIA
17:05- 17:15	Q&A AND REMARKS		
17:15- 17:25	VOTE OF THANKS	DR BINIT VAIDYA	
17:25- 17:45	CERTIFICATE AND TOL DISTRIBUTION		
17:45- 18:00	TEA BREAK		
18:00 - 19: 00	CULTURAL PROGRAM		
19:00 PM ONWARDS	GALA DINNER		

 **REGISTER NOW**

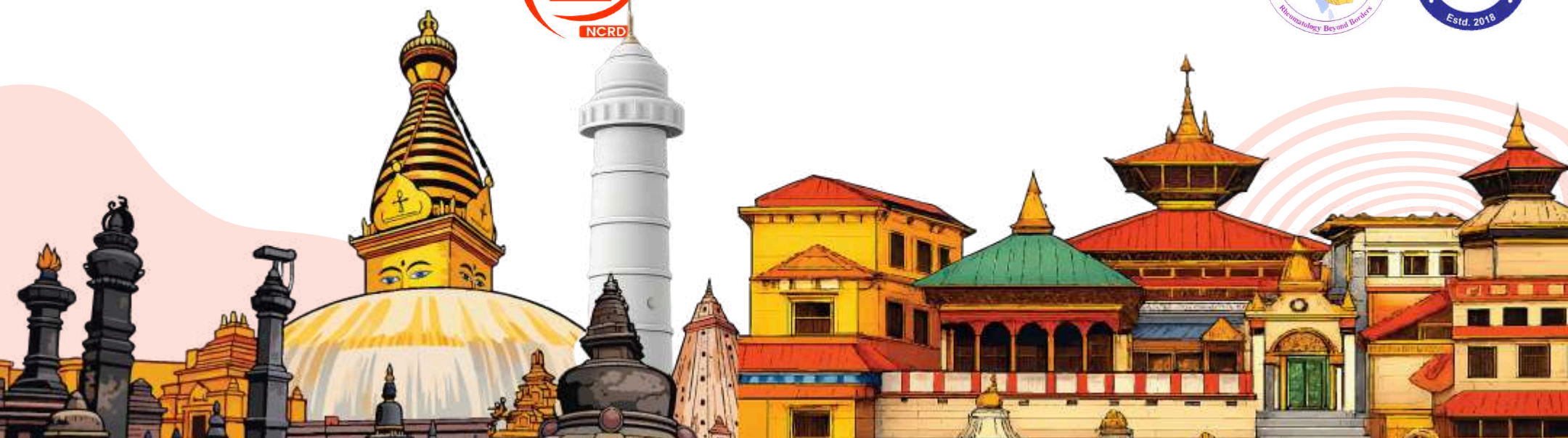


www.rheumavision.ncrd.com.np

ORGANIZED BY:



IN ASSOCIATION WITH



WORKSHOP

Rheumatology Nursing



**HOTEL MERCURE
KATHMANDU**

**27th March, 2026
9.00 AM - 12.50 PM**

REGISTRATION FEES
REGULAR: Rs. 3500
SPOT: Rs. 4000



FACULTY



Register Now!



Prof. Dr. Jose Paulo Lorenzo
PHILIPPINES



Dr. Cheng Yew Kaung
SINGAPORE



Prof. Babur Salim
PAKISTAN



Dr. Laniyati Hamijoyo
INDONESIA



Dr. Manisha Bhochhibhoya
NEPAL



Asso. Prof. Fariz Yahya
MALAYSIA

TIME	TOPICS	SPEAKER	COUNTRY
9.00-9.10	Welcome and introduction of course and faculty	Dr. Manisha Bhochhibhoya	NEPAL
9.10-9.30	Role and scope of rheumatology nursing	Dr. Cheng Yew Kuang	Singapore
9:30-10:30	Assessment of Rheumatoid arthritis a) Patient assessment. b) Treatment and self-management education. c) Disease monitoring and follow-up care.	Prof. Babur Salim	Pakistan
10:30-11:00	4. Assessment of gout	Prof. Dr. Jose Paulo Lorenzo	Philippines
11:00-11:30	5. Assessment of Psoriatic arthritis a) Overview/ Introduction of psoriatic arthritis. b) Diagnosis and evaluation of psoriatic arthritis.	Dr. Laniyati Hamijoyo	Indonesia
11:30-12:00	c) Enlighten the various treatment and management options for psoriatic arthritis. d) Role of nurses in management of psoriatic arthritis.	Asso. Prof. Dr. Fariz Yahya	Malaysia
12:00-12:30	CASE BASED DISCUSSION	ALL FACULTIES	
12:30-12:50	Q&A AND REMARKS		



WORKSHOP UNDERSTANDING AUTOANTIBODIES

 HOTEL MERCURE
KATHMANDU

 27TH MARCH, 2026

 9.00 AM - 12.30 PM

REGISTRATION FEES :

REGULAR: Rs. 3500

SPOT: Rs. 4000



**REGISTER
NOW!**



www.rheumavision.ncrd.com.np

FACULTY



Dr. Swikriti Shrestha
NEPAL



**Asso. Prof. ATM
Tanveer Hasan**
BANGLADESH



Dr. Ranjan Gupta
INDIA



Dr. Neeraj Jain
INDIA



Dr. Reema Agrawal
INDIA

Topics	Time	Speaker	Remarks
Welcome and introduction of course and faculty	9:00 - 9:15	Dr. Swikriti Shrestha	
RF vs AntiCCP: The detective duo of early RA diagnosis	9:15 - 9:45	Dr. Swikriti Shrestha	25 mins lecture+ 5 min QnA
AntidsDNA, ENA puzzle: identifying patterns that defineCTDs	9:45 - 10:15	Dr. Tanveer Hasan	25 mins lecture+ 5 min QnA
ANCA - use in diagnosis and monitoring of diseases	10:15 - 10:45	Dr Ranjan Gupta	25 mins lecture+ 5 min QnA
TEA BREAK- STALL AREA	10:45-11:00		
unmasking myositis: understanding myositis- specific and myositis associated antibodies	11:00-11:30	Dr. Neeraj Jain	25 mins lecture+ 5 min QnA
ANA by IFA	11:30-12:00	Dr. Reema Agrawal	25mins lecture + 5 min Q n A
Hands on	12:00-12:30		

RheumaVision 2026

Workshop

JOINT INJECTION TECHNIQUES

HOTEL MERCURE, KATHMANDU



2:00 PM - 27 MARCH, 2026
5:30 PM



REGISTER NOW



FACULTY



Dr. Minu Jha
NEPAL



Dr. Sourabh
Malviya
INDIA



Dr. Vinod
Ravindran
INDIA



Dr. Amit Joshi
NEPAL



Dr. Sudhir
Karmacharya

3
CPD Points
awarded

REGISTRATION FEES :

REGULAR: Rs. 3500

SPOT: Rs. 4000

Topics	Time duration	Speaker
Welcome and introduction of course and faculty	14:00- 14: 15	Dr. Minu Jha
Anatomy of shoulder joint + procedure demonstration (AV) + QnA	14: 15 - 15:00	Dr. Amit Joshi
Anatomy of wrist joint + procedure demonstration (AV) + QnA	15:00 - 15: 45	Dr. Vinod Ravindran
Anatomy of knee joint + procedure demonstration (AV) + QnA	15: 45 - 16: 30	Dr. Sudhir Karmacharya
Anatomy of elbow joint + procedure demonstration (AV) + QnA	16: 30 - 17:15	Dr. Sourabh Malviya
Closing remarks and certificate distribution	17: 15 - 17: 30	

RheumaVision 2026

WORKSHOP Musculoskeletal USG



27 March, 2026
2:00 pm-6:35pm

FACULTY



PROF. VED CHATURVEDI
INDIA



DR. MA. HANNA MONIKA
SOLLANO
PHILIPPINES



DR. SHAILEJA V
INDIA



DR. DEEPAK KUMAR
VERMA
NEPAL



DR. SHWETA NAKARMI
NEPAL

REGISTRATION FEES

REGULAR: Rs. 8000

SPOT: Rs. 10000

 REGISTER NOW



Topics	Time	Speakers
Welcome and introduction of course and faculty	14: 00 - 14: 10	Dr. Shweta Nakarmi
Basics of ultrasonography and MSK reporting recommendations	14:10- 14:30	Dr. Shaileja V
Sonoanatomy of shoulder joint	14:30- 14:50	Dr. Deepak Kumar Verma
Sonoanatomy of wrist joint	14:50 - 15:15	Dr. Ma. Hanna Monika Sollano
Sonoanatomy of knee joint	15:15 - 15:35	Prof. Ved Chaturvedi
Hands on wrist joint	15:35 - 16:35	All faculty
Hands on shoulder joint	16:35 - 17:35	All faculty (Q n A during hands on)
Hands on Knee joint	17:35 - 18:35	All faculty
Closing remarks and certificate distribution		



RheumaVision 2026

Rheumatology for All:
From Primary Care to Precision Medicine
Hotel Mercure, Kathmandu, Nepal

CALL FOR ABSTRACT SUBMISSION

1. Scope of Posters:

Abstracts are invited in the following areas related to Rheumatology and Musculoskeletal (MSK) Health:		
<u>Original Research</u> <ul style="list-style-type: none"> • Autoimmune rheumatic diseases • Inflammatory arthritis (RA, SpA, PsA) • Connective tissue diseases • Vasculitis & overlap syndromes • Osteoporosis & metabolic bone diseases • MSK imaging & diagnostics • Rheumatology epidemiology & outcomes research 	<u>CaseReports / CaseSeries</u> <ul style="list-style-type: none"> • Rare or unusual rheumatic diseases • Challenging or atypical presentations • Novel diagnostic approaches • Treatment dilemmas or unique management strategies • Important learning points for clinical practice 	<u>Allied &Multidisciplinary Topics</u> <ul style="list-style-type: none"> • Rheumatology nursing & allied health • Rehabilitation & physiotherapy • Laboratory diagnostics in rheumatology • Quality improvement & audit in rheumatology care

2. Abstract Submission Guidelines:

<u>Abstract Structure</u> <ul style="list-style-type: none"> • Title(Sentencecase, noabbreviations) • Authors & Affiliations • Background • Objectives • Methods • Results • Conclusion <p>(ForCaseReports: Background – Case Description – Discussion – Conclusion)</p>
<u>Word Limit</u> <ul style="list-style-type: none"> • Maximum 300 words (excluding title and authors)
<u>Language</u> <ul style="list-style-type: none"> • Abstracts must be submitted in English

3. Ethical Considerations

- Patient confidentiality must be strictly maintained
- Written informed consent is required for case reports
- Images must be anonymized
- Studies must comply with institutional ethical guidelines

4. Review & Awards

- All posters will be peer-reviewed by the Scientific Committee
- Selected posters will be considered for:
 - Best Research Poster Award Best
 - Case Report Poster Award

Important Dates

- Abstract Submission Deadline: February 15, 2026
- Notification of Acceptance: March 1, 2026 Poster
- Display Date: March 28, 2026

Submission Process

- Abstracts must be submitted via email / online portal
- Email: rheumavision@ncrd.com.np
- Subject line: RheumaVision 2026 – Poster Submission

Certificate

- All accepted posters will receive an Official Poster Presentation Certificate





RheumaVision 2026

*Rheumatology for All:
From Primary Care to precision Medicine*

Hotel Mercure, Kathmandu

March 27-28,2026



REGISTRATION CHARGES

RheumaVision 2026



Main Conference

Category	Regular	Spot
Consultant	NPR 12000	NPR 14000
Resident /Trainee	NPR 8000	NPR 10000
Medical Officer / Intern	NPR 6000	NPR 8000

REGISTER NOW

Limited seats on first come first basis



www.rheumavision.ncrd.com.np

Workshop

Category	Regular	Spot
Autoantibody	NPR 3500	NPR 4000
Musculoskeletal USG	NPR 8000	NPR 10000
Joint Injection	NPR 3500	NPR 4000
Rheumatology Nursing	NPR 3500	NPR 4000

UNDER THE PATRONAGE OF
ASIA PACIFIC LEAGUE FOR RHEUMATOLOGY



ORGANIZED BY:



IN ASSOCIATION WITH:

